

DAY 1

November 4th

09.00-16.00

What does participation mean in the context of childcare?

History, theoretical framework and self reflection.

DAY 2

November 18th

09.00-16.00

Self-regulation and self-determination. How to include participation in the daily practice of childcare.

How much say do children have?

Participation and self-determination in childcare

A workshop for child carers and parents

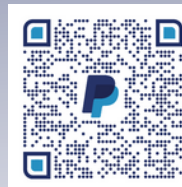
To register:

Email us at info@extra-arms.com

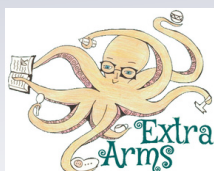
PayPal us paypal.me/extraarms

Price for one day: 90€

Price for both days: 80€/day



All participants will receive a certificate of attendance



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Participation Workshop 1

Participation of children is a highly debated topic and one of the most important rights of the child. Through participating children develop their emotional, social, cognitive and even motor skills. However, it is not easy for us adults, to ensure that this right is respected and it is often in conflict with our own upbringing and values that have been passed on from generations.

In this workshop you will:

- get to know Participation in the context of Children's Rights
- learn and reflect about Participation and involving children in decision-making
- learn and reflect about Adultism and its' effects on children
- take part in group discussion and exchange of experiences

This workshop is focused on theory and self-reflection.

Both parents and nannies are most welcome to take part.

Participation Workshop 2

Participation of children is a complex topic and has many layers. One of them is allowing children to voice opinions and make their own decisions regarding body needs. Often children's wishes are not easy or convenient to implement. How to ensure children's need for autonomy and making own decisions can be respected without stress and conflict? By taking part in this workshop you will get and develop practical tips to help you with this challenge.

In this workshop we will:

- get to know Participation in the context of Children's Rights
- reflect on children's self-determination/ autonomy in regards to Daily routine, meals, sleeping, hygiene, clothing, rules and complaints.
- recognize challenges and develop appropriate strategies in relation to Daily routine, meals, sleeping, hygiene, clothing, rules and complaints.
- work in small groups and exchange experiences.

This workshop is focused on experiences, practical tips and self-reflection.

Both parents and nannies are most welcome to take part.

Participation Training 2x Days

Day 1 (History, Theory, Self-Reflektion)

9:00- 9:40	Greeting and getting to know each other: Introduction with 3x #, Energizer
9:40-10:00	What is understood by Participation (Mentimeter)? Current understanding
10:00-11:20	<p>Presentation and theory</p> <ul style="list-style-type: none"> - Meaning of the term - Definition of Participation - The concept of participation - Self-determination - The process of participation - Legal framework - UNCRC - Adulthood (+2x films) - Short discussion
	Break in the middle?
11:00-11:45	Impact of Adulthood on Children (Empathy Map Method) (small group work)
11:45-12:15	Evaluation in plenum
12:15-13:00	Lunch Break
	Energizer
13:00- 13:20	Reflection on one's own biography on the topic of participation (work individually - answer questions)
13:20- 13:35	Reflection on one's own biography on the topic of participation (in pairs)

13:35-13:45	Evaluation in plenum (only if someone wants to share)
13:45-13:55	Break Energizer
13:55-15:30	<p>Presentation:</p> <p>History of Participation (Korczak, Montessori) very short! Childhood sciences vs. developmental psychology (the image of child) What is NOT participation? Participative Mindset Involving children in decision making Power sharing= responsibilities sharing Discussion</p>
15:30-16:00	Feedback and End

Day 2 (Self-regulation/determination)

09:00- 09:30	Welcome and getting to know each other. Energizer
09:30-10:00	Positioning with statements on the topic of participation and self-determination (or positioning)
10:00-10:30	<p>Presentation and theory (short)</p> <ul style="list-style-type: none"> - The concept of participation - Meaning of the term - Definition of participation - The process of participation - Self-determination: Impulses for each category!

10:30-10:40	Break
10:40-12:00	<p>Work in small groups (evaluation and reflection on self-determination possibilities, current state) Topics: Daily routine, meals, sleeping, hygiene, clothing, rules, complaints. Questions as impulses.</p> <p>Groups: 1. Daily routine, meals, sleeping, 2. Hygiene, clothing, 3. Rules, complaints</p>
12:00-13:00	Lunch Break
13:00-13:40	<p>Evaluation in Plenum List challenges!</p>
13:40-14:30	<p>Work in small groups (find ideas and suggestions for improvement).</p> <p>Groups: 1. Daily routine, meals, sleeping, 2. Hygiene, clothing, 3. Rules, complaints</p>
14:30-14:40	Break
14:40- 15:40	Evaluation
15:40-16:00	Feedback
	End